

TRIO RESTAURANT



APPETIZER

Caesar Salad	250 calories	Small \$6 Large \$12
Served with Caesar dressing, baby gem lettuce, croutons, double smoke bacon bites, pecorino cheese		
Panzanella Salad	380 calories	Small \$9 Large \$16
Served with croutons, Dulce gorgonzola cheese, English cucumber, tomato, and balsamic vinaigrette		
Mixed Green Salad	Dairy, Gluten free • 200 calories	\$10
Served with seasonal mixed green, English cucumber, tomato, shredded carrot and house dressing		
Asian Chicken Salad	Dairy, Gluten free • 200 calories	\$15
Served with avocado and Asian marinated chicken with Asian dressing		
Trio Salad	Gluten free, 310 calories	\$16
Served with pickled shimeji mushroom, endive, radicchio, green kale dressed with Moroccan spice vinaigrette		
Beets Salad	Vegan, 210 calories	\$16
Served with assorted baby beets, segment blood orange, lemon juice, lemon zest, frisee and finished lemon thyme marmalade		
Daily Soup	150-200 calories	\$7
Ask server for details		

ADD TO YOUR APP

Avocado	\$5
Chicken thigh	\$7
Salmon	\$13
Striploin	\$16

MAIN

Indonesian Chicken Curry Rice	350 calories	\$17
Free range chicken marinated in an Indonesian curry sauce serve with jasmine rice, and seasonal vegetable		
Chow Mein Noodles	Dairy free • 530 calories	\$18
Assorted vegetables and chicken served on crispy Chow Mein noodles with Hoisin sauce		
Fettuccine Pasta	350 calories	\$19
Served with seasonal vegetables and your choice of aglio e olio sauce or tomato sauce.		
Pan Seared Chicken Supreme	330 calories	\$24
Pan seared chicken supreme served with sautéed local grown vegetable and roasted potato		
Atlantic Salmon	620 calories	\$26
Pan seared 8oz Atlantic salmon serve with sautéed king oyster mushrooms, smashed red skin potato, pickled red onion		
European Sea Bass	450 calories	\$32
Served with Greek caper leaf, lemon zest, extra virgin olive oil, and charred broccolini		
8oz New York Strip Loin	320 calories	\$36
USDA choice New York strip served with preserved lemon influence, grilled broccolini, and roasted potato		
Australian Lamb Chops	600 calories	\$40
Served with Moroccan tabbouleh, mint, lemon zest, Jerusalem labneh, and Greek caper leaf		

DESSERT

Crème Brûlée	551 calories	\$9
Served with assorted berries		
Chef's Cheesecake	600 calories	\$9

DRINKS

Soft Drinks	\$3	Mineral Water	
		San Pellegrino	s \$3 · l \$5.50
Juices	\$3	San Benedetto	l \$6

COFFEE & TEA

Black/Green Tea	\$2.50	Espresso	\$3.65
Herbal Tea	\$2.95	Double Espresso	\$5.50
Coffee		Macchiato	\$4.00
Regular · Decaffeinated · To Go	\$3.75	Café Latte, Cappuccino	\$4.75

COFFEE COCKTAILS

Irish Coffee	\$8.95	Espresso D'Orange	\$9.95
Espresso layered over Irish whiskey and crowned with a lightly shaken cream		Chocolate combined with espresso, Baileys and Cointreau crowned with a lightly shaken cream	
Count Cavour	\$9.95	Espresso Colada	\$9.95
Lavazza Espresso shaken with Cognac and vanilla syrup crowned with a blend of Amaretto liquor and vanilla gelato		Chilled Lavazza Espresso crowned with a blend of vanilla gelato and Malibu	

MOCKTAILS

Virgin Caesar	\$5.75	Sunset Punch	\$5.75
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BAR

House Selection	1oz \$7	Premium Liquors, Vodka, Scotch	1oz \$MP
Domestic Beer Bottle	330ml \$6.75	Domestic Draft Beer	20oz \$8.95
Imported Beer Bottle	330ml \$7.75	Premium Draft Beer	20oz \$9.50